

2024 South Girls Soccer Season Expectations and Code of Conduct

Game Day Expectations:

- Must RSVP at least a week in advance for each game
 - This allows us to know if we will need to borrow players from our sister team.
 - There is a “maybe” option if unsure
- Attendance, attitude, and effort at practices directly correlates to playing time in games
 - These three components demonstrate the most important thing that can be offered to a team: commitment.
 - It is valuable for players to learn that making a commitment to a group of people is important to respect.
 - All of these aspects will be tracked each week by the coach regarding each player.
 - Players who show commitment through these three aspects will be rewarded with large amounts of playing time in games.
 - Players who fail to meet these aspects will be penalized by receiving less playing time in games**
 - If a player believes there is an issue with playing time at games, the player can connect with the coach about the potential issues that are causing a player to receive less playing time. If a player would like to involve their parents, a meeting will need to be set up by the player for all of us to meet after a practice. E-mails, calls, or texts will not be a means of communication with this issue.
- Players will make sure that enough water has been consumed PRIOR to game time, as well as eating an appropriate meal beforehand.
 - At least 30oz of water/sports drink should be consumed within 12 hours before game time.

- An appropriate meal should be consumed at least 2 hours before the start of WARMUPS.
- Players will arrive at a decent time that allows them to be ready at the field at the required start time of warmups.
 - Being considered “on time” means that as soon as the coach calls for players to begin warm-ups, the player can immediately start. The player should also be adequately dressed in proper attire and gear, as if the game were about to start.
- ONLY players who are on time to warm-ups will be considered for the starting lineup.

***Note: there is no specific set time for penalization of playing time, it will simply be left to the coach's discretion. As there are three aspects that contribute to playing time, it creates many different situations and circumstances, which is what makes it difficult to explicitly have set penalization times. However, at the same time, having multiple aspects that make up deciding playing time also allows players more opportunity to demonstrate why they should achieve maximum playing time. For instance, if a player misses one practice but then comes to the next practice with wonderful effort and attitude, that player will receive more playing time than the player who was at all the practices for that week but didn't try very hard at any of the drills and gave some rude comments to their teammates. The coach will do their best to ensure all playing time is reasonable based on the player's involvement the week leading up to the game. The coach wants nothing more than to give players the most time possible on the field, however the players must earn that spot on the field.*

Practice Expectations:

- All scheduled practices are REQUIRED to attend!
 - Attending practices and being on-time consistently will result in more playing time in games.

- The scheduled time is the START time of practice. If a player is not ready to go with all of their equipment on at the start time, then they are considered late. Arrive at least 10 minutes early to practice to avoid this issue.
- If a player is sick, do not come to practice.
 - Players will not be penalized for missing practice due to illness as long as it is communicated at least 6 hours in advance.
- If a player is injured, they are still required to come to practice and watch.
 - Players can still learn a lot just from watching practice, and can stay on top of team tactics to make transitioning back to play easier.
- Must RSVP at least a week in advance for each practice.
 - Coach will use RSVP's to track which players have attended practices.
 - Properly filling out RSVP's also helps the coach adequately plan practice sessions based on the estimated numbers.
 - There is a "maybe" option if you are unsure.
- While players are attending practice, engaged participation is required. Players must always compete with their best efforts in drills, with the goal of improving at each practice.
 - Players who listen to directions, are constantly focused, always try their best, and push their teammates to be better players will receive large amounts of playing time in games.
 - Player's who repeatedly do drills incorrectly, don't try very hard, take a long time to start drills, or repeatedly mess around and cause distractions will receive less playing time in games.
- Having a good attitude is important to maintain at all times with teammates and coaches.
 - Encouraging other teammates, offering appropriate constructive-criticism, being able to receive constructive-criticism, remaining positive, owning up to mistakes, respecting equipment, and respecting teammates and coaches will promote a player's playing time in games.

- Harsh criticism, rude comments, foul language, unwilling to receive appropriate constructive-criticism, disrespectful behavior towards others or equipment, or any sort of condescending behavior will result in less playing time in games.

Behavior Policy:

- Players are expected to adhere to the South Tiger Soccer Player Season Expectations and Code of Conduct, and have appropriate, respectful behavior throughout the season.
- Players must also abide by the MSHSL Code of Conduct Rules & Policies.
 - MSHSL Rules and Policies can be found here:
<https://www.mshsl.org/sites/default/files/2024-07/soccer-2024-2025-v2.pdf>
- Players must attend and participate in school classes, and pass a grade check 1-2 times per season.
 - Any unexcused absence (even just a single class) will result in the player being ineligible to practice or play in a game that day.
- Failure to follow these expectations/policies will result in the following disciplinary actions:
 - First offense: A conversation will be had between the player and the coaches addressing the issue.
 - Second offense: A conversation will be had between the player, the player's parents, and coaches. The player will be suspended from play for 3 days.
 - Third offense: A conversation will be had between the player, the player's parents, the coaches, and the AD. The player will be suspended from play for a week.
 - Fourth offense: The player will be suspended indefinitely from play. The coach will connect with the AD to let them know to remove the player from the roster.

Varsity Letter Requirements:

- Must finish the season properly following the team expectations and policies laid out in the beginning of the season.
- Must have participated in at least 50% of regular season varsity matches.
- A letter can be given to an athlete per the coaches'/athletic director's discretion, based on circumstances/commitment/contributions made to the team.